

Cappuccino

Servings: 1

2/3 cups milk

1/3 cups hot brewed espresso

Skinnygirl Sweetener to taste

Instructions:

- Place milk in a one cup microwavable measuring cup. Microwave uncovered on high for one minute or until milk is hot and small bubbles begin to form around edge of cup.
- Place metal whisk in cup and whisk vigorously by holding whisk handles loosely between palms and quickly rubbing hands back and forth. Remove foam to a small cup as it forms. Continue whisking until you have 1/3 cups foam, set aside.
- Pour espresso into a mug, pour in hot milk, spoon foam on top and serve immediately.

